

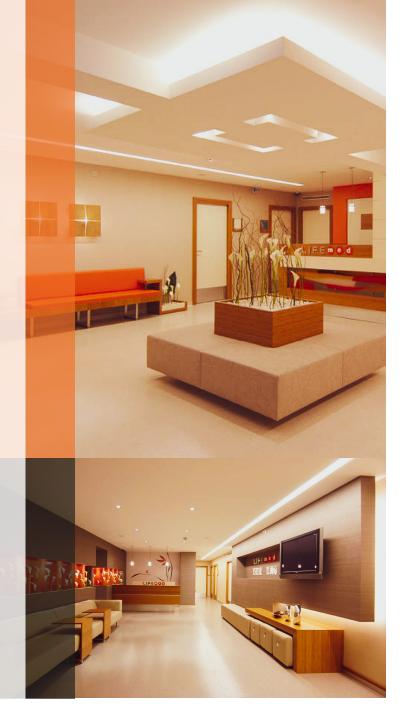


COMPLETE HAIR TRANSFORMATION IN PROFESSIONAL HANDS









About Us

Lifemed Medical Center was established in 2004 in Istanbul's Asia side with the mission of becoming a world-class brand in Healthcare. Our objective is to make a difference with pioneering practices in the sector with our distinguished staff and satisfaction-oriented service approach.

Besides being in the very center location in a vast 7 floors building in Istanbul, Lifemed is also engaged in the operation of our country's finest 4 University and 2 Private Hospital's Nuclear Medicine departments as well.

With its 20+ Polyclinics, Aesthetics & Dermatology Clinic, Hair Transplantation Unit, Plastic Surgery, Dental & Implants Clinic, VIP Check-Up Unit, Physical Therapy Unit, Laboratory studies and its High-End Imaging Devices in Radiology and Nuclear Medicine-Oncology make Lifemed the A+ Private Health Center serving patients the highest quality standards.









Latest technology facilities with a highly-specialised medical team

Our aim is to make your time in our hospital as relaxing and as enjoyable as possible. During stay with us, you'll be looked after by our highly-trained nursing staff and treated by some of the country's most respected and experienced specialist - physicians.

Our hospital was built to allow physicians and medical professionals to practice medicine with state-of-the-art technology and to provide high quality care in a comfortable environment. We feature fully equipped operating rooms with the latest advanced instrumentation.

Lifemed Hospital offers patients a safe and professional environment, with highly qualified nursing and technical staff that were chosen for their vast experience.





We know that feeling psychologically better start with the looks!

In the Aesthetics & Dermatology Clinic of Lifemed, we offer a complete range of treatments with the latest technologies. Our Dermatology doctor and his expert estheticians are dedicated to achieve impressive results. With over 10+years of experience in the field of beauty, we offer;

- · Hair Transplantation (Along with mustache, beard and eyebrow transplantation)
- · Cosmetic Interventions (Laser epilation ICE, Botox, Permanent MakeUp, PRP, Mesotherapy, etc.)
- · Dermatological Interventions (Eczema, Acne, Rozase, Hives-Urticaria, Vitiligo, Melasma, etc.)
- · Medical Interventions (Cryotherapy and Electrocautery-moles, papilloma, etc.)
- · Podiatry (Medical & Surgical Treatment of Disorders of the Foot)



Lifemed's Hair Transplantation Unit within Aesthetic & Dermatology, has been attracting patients from all over the world. With its Dermatology Doctor, certified nurses and professional staff, we do Hair, Beard, Mustache and Eyebrow Transplantations.

The hair transplantation procedure mainly covers the age group of 18-60. The age in hair loss is considered only in the case of the continuity of losing.

After the procedure, our specialised team follows up via Whatsapp in order to support you and answer any question that you might have.

Say hello and book today

WHATSAPP: (+90) 533 688 60 04

EMAIL: HAIRTRANSPLANTATION@LIFEMED.COM.TR





What is Hair Transplant?

It is a surgical procedure that takes about 4-6 hours (depending on how many follicules of hair to be transplanted) to restore the appearance of thinned or lost hair. We use the most common and effective way, FUE (Follicular Unit Extraction) method.





IS HAIR TRANSPLANTATION RISKY?

3

HOW LONG DOES IT TAKE TO RECOVER?

As it is a surgical procedure, the risks that may be in each operation also apply to hair transplantation. However, it is possible to minimize the risk with a team of experts and an experienced team.

After hair transplantation, a thin layer of scab occurs. When the head is washed regularly every day, the shells fall out and disappear after 10 days. In this process, the patient's daily habits do not cause any problem.

Especially for hair transplantation, it is important to take into consideration that the medication preferred in local anesthesia do not cause any allergic conditions to the person.



DO NEW HAIRS GROW IMMEDIATELY AFTER HAIR TRANSPLANTATION?

2 HOW IS HAIR TRANSPLANTATION DONE?

Most of hairs obtained after transplantation are lost within a period of one month. Usually a change is observed in the 5th and 6th months. 10% hair growth occurs within the upcoming process. In the 9th and 12th months, 90% of the hair grows. Another important detail that should be known is that the hair can grow in 15th month too.

It is done by applying local anesthesiain the operation, which does not require sleep. First graft is taken from the relevant region and hair transplantation is started. Upper nape is generally preferred.



THE PROCEDURE

No stitches or cut signs occur during operation. Recovery is very fast. After the procedure, the patient returns home to rest. Hair transplantation procedure is an operation that allows the patient to return to social life in 2-7 days depending on the quantity of application.

During the procedure, the grafts taken from the upper part of the person's nape are transferred to a different area. Where there are nerve and vein connections, fertile tissue desired for hair transplantation. The reason why the graft is taken from the nape is that this area has a structure resistant to hair loss.









Beard and Mustache Transplantation with FUE Technique

Beard and mustache plantation are the operation we perform. It is a method frequently preferred by males who have irregularities, deficiencies in beard hairs, or no beard / mustache. Plantation can also be done in areas with scar. FUE techniques are used for beard and mustache planting. The results begin to become visible in a period of 8-10 weeks.

Eyebrow Transplantation

Mostly women prefer this plantation. Transfer operation can be made with follicles separately taken from the area between the two ears for women who do want to thicken their eyebrows or have no eyebrows. The hairs can grow within an average of 3 months as hair growth, but they will later adjust with the area.

Hair Mesotherapy

Mesotherapy is a technique that uses injections of vitamins, minarals, oligo elements and circulation regulator solutions into scalp. Mesotherapy is an alternative treatment that helps to cure baldness in both males and females by reducing hair loss, promoting hair growth and slowing male pattern baldness.

It is a process which regulates the proteins, vitamins and other nutrient levels and growth factors in the scalp of the patient suffering from balding. This is done by injecting in the least painful way, nutrient boosters in the scalp with the help of an injection gun to aid in the nourishing and hydrating of the scalp.

Hair PRP (Platelet Rich Plazma)

Blood is drawn generally from patient's arm — and put into a centrifuge (a machine that spins rapidly to separate fluids of different densities). The blood will be separated into its plasma. Then injected into areas of the scalp that need increased hair growth.





Emre Tambay, M.D.

Emre Tambay, M.D. graduated from Çukurova University Faculty of Medicine in 2003. In 2004, he completed his master's degree in Department of Dermatology in Istanbul University Faculty of Medicine and he became a Dermatologist in 2009. Since 2011, he has performed clinical dermatology, aesthetic and cosmetic dermatology in various clinics on the Anatolian side of Istanbul.

MEMBERSHIPS TO SCIENTIFIC INSTITUTIONS

- ✓ Turkish Association of Dermatology
- ✓ Association of Dermatological and Venereal Diseases
- ✓ Turkish Medical Association, İstanbul Chamber of Medicine

SOME OF SYMPOSIUM, CONGRESS AND COURSES

- ✓ 2017-Dermatologic Surgery Society 2nd Cadaver Course for Aesthetic and Medical Applications
- ✓2015-Dermatology and Dermatopathology Group Skin Aging and Thread Course
- √2014-6rd Istanbul Cosmetic Dermatology Symposium













3 Day Hair Transplantation Package

£2000

Package includes:

- ✓ Pre-operative consultation with Emre Tambay, MD and our translator
- ✓ Operation with maximum extraction performed by Emre Tambay, MD and his professional team
- ✓ Up to 6000 Grafts In 1 Session
- ✓ Post op consultations services
- ✓ Online support after the operation
- ✓ Medication, care shampoo and lotion
- √ 3 days 2 nights stay hotel accommodation (4 star)
- ✓ Free VIP airport and hotel transfer
- ✓ Free dental examination at our hospital
- √ 30% discount on medical (podiatric) foot therapy at our hospital
- √ 30% discount on health check-up packages at our hospital





Schedule during your visit in Istanbul:

Day 1:

 Private VIP transfer from Airport to Hotel for you to rest before the operation

Day 2:

- Private VIP transfer from Hotel to our Hospital
- Pre-operative consultation with Emre Tambay, M.D. and our translator
- Operation with maximum extraction performed by Emre Tambay, MD and his professional team
- Private VIP transfer back to your hotel after the operation

Day 3:

- Private VIP transfer from your Hotel to our Hospital for post operation examination
- Private VIP transfer from our Hospital to the Airport



OTHER SERVICES

Health Check Up

The most precious wealth of mankind is definately Health! To have a healthy life and to maintain this wealth, you must do regular Check-Up's. Lifemed offers high quality service for all ages and genders with special Check-Up packages.

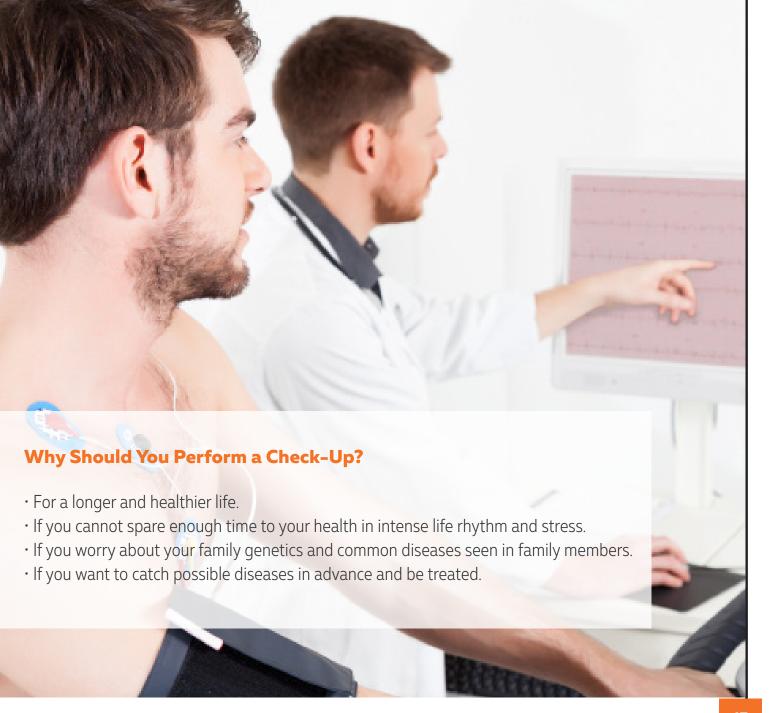
How Long Does it Take?

Ambulatory Check-up examinations are usually completed within half a day, and results are ready the next day.

What Are the Procedures?

- Starts with a detailed Doctor examination. And selecting which tests to perform, which consultation decisions to take.
- Determine the metabolic, hormonal, hematological status of the organs with several blood tests, and see how the organs perform in the body.
- · Radiological examinations start with X-ray and Ultrasound. The aim is to better diagnose the organs and finalize with a detailed report.
- Functional tests are examined as well, to check the efficiency of the heart and respiratory system.











PODIATRY (MEDICAL FOOT & HAND TREATMENT)

- · Medical Foot Care / Medical Hand Care
- · Toenail Problems / Fingernail Problems
- · Foot Odor / Diabetic Foot Care
- · Corns & Callus / Calluses
- · Cracked Heels / Nail Fungus
- · Treatment of Ingrown Toenail
- · Sporter Foot Care

PLASTIC SURGERY & AESTHETICS

Facial Aesthetics

- · Rhinoplast Nose Surgery
- · Septoplasty Nose Surgery
- Facelift Surgery
- · Eyelid Surgery
- · Ear Deformity Surgery
- · Face Rejuvenation Surgery

<u>Mammoplasty</u>

- · Breast Augmentation Surgery
- · Breast Lifting Surgery
- · Breast Reduction Surgery

Body Aesthetics

- · Abdominoplasty
- · Brachioplasty
- · Liposuction Surgery

POLYCLINICS

- · Advanced Imaging & Diagnosis
- · Aesthetics & Dermatology & Hair Transplantation
- Cardiology
- · Check Up
- · Chest Diseases
- · Children's Health and Diseases
- · Dentistry & Oral Surgery
- · Ear-Nose and Throat (ENT)
- · Eye Health and Diseases
- Gastroenterology
- · General Surgery Geriatrics
- · Internal Medicine Neurology
- · Nutrition & Diet
- · Obstetrics & Gynecology Oncology
- · Orthopedics & Traumatology
- · Physiotherapy Rehabilitation
- Podiatry
- Psychiatry
- · Radiation Oncology
- Urology
- · Wound Care



